

## **UK branch of the European Society for Trauma & Dissociation (ESTD-UK)**

### **Announcement of new training programme**

#### **Working with dissociation in children and adults**

The training group of ESTD-UK is in the process devising a flexible, modular approach to training which addresses different stages of knowledge and experience.

The modules can be taken in their entirety or as selected modules according to your needs. Format to be determined according to the needs and availability of the trainers and the participants i.e half days, full days, full day blocks.

#### ***The training is designed for:***

Caregivers in the professional and voluntary sectors e.g: foster carers, adopters, social workers, mental health workers, therapists/counselors, health workers, voluntary sector, GP's, student health care services.

#### ***The training is designed to:***

- Be specific to the needs of clients in different settings the UK
- Provide for different learning styles
- Use a variety of training methods including experiential learning
- Include in -put from experts by experience

#### ***Modules available now :***

1. **Affect regulation and the use of self: working with Complex Trauma & Dissociation**  
(4 day course)

**Dates & Venue:** London; October 9<sup>th</sup> & 10<sup>th</sup>, November 20<sup>th</sup> & 21<sup>st</sup> 2008  
Manchester; January 22<sup>nd</sup> & 23<sup>rd</sup>, February 12<sup>th</sup> & 13<sup>th</sup> 2009.

**Trainer:** Remy Aquarone

This course is suitable for:

- Clinicians and other professionals who can demonstrate some background experience in dissociation.

**Course content includes:** Affect regulation, parenting models, non verbal communication, body language, the holding environment, memory, time line, educational aspects, realistic targets, working with alters, working with other professionals. Specific focus on participants own work.

**Cost:** £490 to include food and drinks.

**Applications to:** The Pottergate Centre, 26 Princes Street, Norwich NR31AE. 01603 660029.  
[remyaquarone@dissociation.co.uk](mailto:remyaquarone@dissociation.co.uk)

## **2. Understanding Dissociation**

**Date:** 20<sup>th</sup> November 2008

**Venue:** The Resource Centre, Holloway Road, London

**Trainers:** Kathryn Livingston & Melanie Goodwin, First Person Plural

**Entry requirements:** No prior knowledge and experience required.

This course is suitable for:

- anyone wanting an introduction to dissociation in adults
- health & social care professionals, support workers and helpers wanting a refresher
- those with more experience who wish to expand their awareness of dissociation from the survivor's perspective.

### **Course content includes:**

- Definitions of dissociation
- Effects of complex dissociative disorders
- Assessment and treatment issues
- How to provide informed support.

**Cost:** £70 (£65 when booked with Introduction to dissociation in children)

**Applications to:** FPP Training, PO Box 2537, Wolverhampton, WV4 4ZL,  
[fpp@firstpersonplural.org.uk](mailto:fpp@firstpersonplural.org.uk), 07779 248306

## **3. Introduction to dissociation in children**

**Date:** 21<sup>st</sup> November 2008

**Venue:** The Resource Centre, Holloway Road, London

**Trainer:** Renee Marks

**Entry requirements:** No prior knowledge and experience required.

This course is suitable for:

- anyone wanting to an introduction to the origins of dissociation in childhood
- those who work with or care for traumatised children
- those who work with or care for traumatised adults
- those who work in fostering or adoption.

### **Course content includes:**

- Development of self in the infant.
- The impact of the disorganized attachment on the developing self
- The impact of childhood trauma with specific reference to complex trauma.
- How children defend themselves against the disorganized attachment and childhood trauma.

**Cost:** £70 (£65 when booked with Understanding dissociation)

**Applications to:** FPP Training, PO Box 2537, Wolverhampton, WV4 4ZL,  
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