

A Place to be 'Me' – FPP Online Forums by *no-name*

About 9 months ago FPP opened their Online Mutual Support Forums which any full member can be part of. I have been going on the Forums for over 3 months. In that time I have found it a welcoming, supportive community and have started to make lots of new friends. It has opened a whole new dimension of FPP for me and made it seem so much more real because I can get to 'talk' to people in a safe environment.

I had been part of Yahoo support groups before but found that there kept being arguments or the groups would change. This is different. As one of the members wrote: *"I've been part of a lot of online DID communities but this is the first one that I really feel comfortable in. I never feel pressured to talk and I feel safe expressing*

how I feel or my opinions on things. I've gained a lot of support, understanding and friends from this forum and I'm very thankful for the amazing people here. It's definitely a great community and I'd love to see it grow with more great people joining" (Jigsaw)

I am only a young boy but am the main person around for us (I range from 7-12yrs old). The thing I like most about the Online Forums is that they are a place I can just be ME. I like talking to people who understand things singletons wouldn't - like what it's like to be a child trapped in an adult's body. I like it that it's safe and I can talk about what I want. It's amazing the number of different things we chat about! My friend Annie even ended up buying a static caravan after talking to me – I'm not sure how that happened, but it was something she wanted to do and talking with me helped her feel confident enough to do it. I often write poems for the creativity corner which can help us express our feelings and I like writing about Alfie my house rabbit. I find it a friendly, fun and encouraging place that is good to go even if all you want to do is say hello! One of my new friends says, *"It is a safe place especially for littles and I hope some more of you can come and make friends with us"* (Skye age 7)

It may be that you just like to look but not write on the forums and that is fine if it's what helps you best but maybe you have forgotten about them or it feels a bit scary to try something new. I would really like to encourage you to give it a go. It would be great to have some new members of all ages writing on the forums Like Skye I would love for there to be some more littles to make friends with and talk about children's/teenage stuff. Why not pop in and say hello sometime?! You can come and go as much as you want. We would really love to meet you all and help continue to make FPP a supportive and welcoming community. I hope like me you find the forums a place that you can just be 'you'.